Language & Literacy
Communicating using your body, language, signs and written communication

What adults can do...

Encourage
- Interacting with people
- Gesturing, making noise and talking
- Enjoying books, songs and writing
- Expressing ideas, needs and feelings
- Writing

Infants and Toddlers

Share books everyday. Read stories at bedtime or when riding on the bus.

Talk and sing with your baby.
Encourage them to “sing” and “talk” too.

Respond to your baby’s noises.
Repeat the noises they make or comment, “You sound happy.”

Help them learn new words by naming and describing what you see. “I see a shiny, silver mirror.”

Read books to your child EVERY DAY!

Preschoolers

Show interest in what your child is saying. Look at them when they talk and comment on what they’re saying.

Ask questions that make them think.
When reading a story ask, “What do you think will happen next?”

Talk to your child about what happens during the day. Talk about what you do together and ask about what happens when you are apart.

Let them practice “writing.” Ask them to draw a picture or make a list, even if they use shapes instead of letters.

Read books to your child EVERY DAY!

Adapted from the Connecticut Office of Early Childhood