

# ECC

Areas of Early Learning and Development



## Cognition

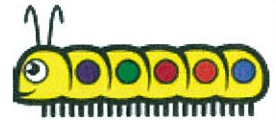
Making sense of the world, staying with something and working hard to solve problems

### What adults can do...



#### Encourage

- Exploring
- Asking Questions and Making Choices
- Pretending and Having Fun
- Remembering
- Trying New and Difficult Things



#### Infants and Toddlers

**Pretend with your child.** Pretend a banana is a phone or feed a doll.

**Give your child choices.** Let your child choose a snack or what to wear.

**Give your child lots of different experiences.** Explore your neighborhood parks, libraries and museums. Play with things that are used in different ways (to make sounds, build, etc.)

**Show your baby how things work.** "Look at how the car rolls."

**Play games that involve back-and-forth.** As your child gets older, help them wait for a short time.

#### Preschoolers

**Use everyday routines to notice patterns.** Point out familiar routines (first we wash hands, then we eat).

**Sort and categorize throughout the day.** Picking up toys and laundry are great sorting activities.

**Wonder with your child.** "I wonder if it's going to rain today." Encourage your child to ask questions.

**Point out and use symbols.** Encourage your child to recognize and name signs and symbols.

**Support your child to finish things they start.** Help them plan and stick with things for longer periods of time.